

# Yoshon Update #1, with Retail

Date: December 23, 2022

The Yoshon cutoff dates for the following products are as follows:



**Robin Hood, Five Roses, Irresistible & any flour using the following plant codes**

Year	Date Code <sup>1</sup>	Plant Code	Comments
2	286	547	
2	230	548	All Purpose Flour - retail & Costco pack
2	284	548	Cake and Pastry Flour only
2	300	715	
2	261	640	

<sup>1</sup>These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

**Flour - (COR 285)** - Regular White Flour - Best Before 2023 SE 27 or earlier. Whole Wheat - Best Before 2023 JN 27 or earlier. Organic - Best Before 2023 SE 13 or earlier. Whole Wheat - Best Before 2023 JN 13 or earlier.

**P&H, Great Plains, Compliments and any flour with a “PH” in the code**  
The lot # will start with a 2 (for 2022) then xxx for the date then xx for the plant i.e. 2 269 02. Use codes 2 269 for plant 02, 2 277 for plant 08, 2 245 for plant 09 and 2 265 for plant 07.

**Ardent Mills, Robin Hood, Bakers Hood, Master Hand, Golden Temple or any flour with a COR323** - for plant ‘SK’ - a date code of 2-230 or lower. For plant code ‘MT’ - a date code of 2-286 or lower. Atta flour 2-234 or lower.

**No Name Flour** - If the best before date includes “PFM” use the same code as COR 285 flour. If it is “PH” (0)7 or “PH” (0)2 use the codes noted above for “PH”. If it is “AD” a best before code of 2023 SE 18 or earlier. Whole Wheat flour – Best Before codes are **3 months earlier**.

**PC Flour** - All Purpose flour - if the BB date includes “PFM” it will remain yoshon. Organic - use the same code as COR 285 flour.

**Rodelle Flour** - If there is a “P” in the date code, code of 2022 Nov 13 or earlier.

**Robin Hood - Old Mill Oats (COR 323)** - code of 2-273 or lower.

**No Name Oats - Large Flake, One Minute, Quick** - Best Before 2023 SEP 2 or earlier (this date does not apply to single serve packets).

**Quaker Oats (COR 112)**

All products containing oats and/or oat bran - date code of 09 24 P 2 or earlier. Costco Pack – code of **0924** following the Best Before date. 5N2 is the year code and ignore other codes, i.e. 2022 SE 27 **0924** 5N2 0263. Wheat Bran - date code of 10 27 P 2 or earlier. A.J. Pancake Mixes (all types) – will remain yoshon.

## General Mills

Cheerios (all types) – Best Before Oct 17, 2023  
Nature Valley Granola bars –Best Before date of 06SE2023 CO plant only.  
Fibre 1 cereal is always yoshon.

## Weetabix

Weetabix (regular and organic) - are still yoshon.  
Alpen & Grain Shop High Fibre Crisp - Best Before 27 AUG 2023.

**Post Cereals (COR 114)** - Shredded Wheat, Spoon Size Shredded Wheat - Regular, Honey Toasted, Cinnamon and Wheat ‘n Bran, Light Wheat Squares are always yoshon.  
Shreddies - Regular, Honey, and Maple flavours, Dark Wheat Squares and 100% Bran - are still yoshon.

## Kellogg Canada (COR 246)

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - products are still yoshon.

Corn Pops - are yoshon (oat flour is not a yoshon concern).

Froot Loops (Canadian only) – Best Before Oct 21, 2023.

## Presidents Choice (COR 1)

Fruity O’s – Best Before Oct 26, 2023.  
Crunchy - Maple Almond, Mixed Berry or Cranberry Almond - Best Before AUG 27, 2023  
Loads of Raisins Raisin Bran, Woven Wheat Squares - are still yoshon.

## PC Blue Menu (COR 1)

Fibre First, Bran Flakes and Fibre Plus Bran Flakes, Crunchy Whole Grain Cereal With Almonds - are still yoshon.

**PC Organics (COR 1)** - Wheat Squares and Raisin Bran – are still yoshon.

**Rogers Foods** - wheat germ and bran - Best before June 23, 2023.

**Barley** – there is chodosh barley in the stores, dates must be checked.

**Kolbo** - has yoshon barley and flour.

**Kosher City** - flour and barley **repacked by Kosher City** will remain yoshon.

**PC Blue Menu Barley and Great Value Barley** - lot code of 22269 or lower.

**NuPak Barley** - Best Before date of 2023 Oct 6 or lower.

**Cedar (Phoenicia) Barley** - code of PD22010 or lower.

**Clic barley** - product packed on or before Oct 1, 2022.

## Pasta

**Primo, COR 78** – Best Before Oct 10 2025.

**Italpasta** - Best Before Oct 3 2024.

**All other pasta with a COR 136** - use the same codes as Italpasta.

**Unico** - use same coding as for Primo.

**PC/No Name Pasta (COR 1)** - use same codes as Italpasta.

**Ronzoni (Catelli & Lancia) (COR 235)** - Regular (white) pasta - best before Oct 26, 25 or earlier. Whole wheat, egg & multigrain - *best before Oct 26, 24 or earlier*  
Vegetable pasta best before April 26, 2024. Smart pasta BB Sept 15, 2024.

**Catelli** (with an MK) – use same codes as Grisspasta.

**Grisspasta** - Regular Pasta - best before 2025 Oct 10, Whole grain, Vegetables, Egg Pasta - best before 2024 Oct 10.

**Ferenez /Mama (MK)** - will remain yoshon.

**Pita Bros Pita** - will remain yoshon. **Pita Bros Bread Crumbs** - White are yoshon, Whole Wheat best before date of Feb 10, 23 or **later**.

**Lenchner's** - will remain yoshon.

**Uri Pastries** - will remain yoshon.

**Local Establishments** - This information is applicable **only** for products detailed below and manufactured by the said establishments, on site.

**The COR has placed a Yoshon Certificate in each of these establishments listing in detail which products are yoshon. Please refer to the certificate in case of any doubts.**

**Some of the establishments detailed below produce both Yoshon and non-Yoshon products. Kaylim may not be dedicated exclusively for Yoshon products.**

**Any Sushi that contains a wheat based ingredient is not certified yoshon.**

**Amazing Donuts** - All baked goods are yoshon.

**Bali Laffa** - Pita and Laffa bread only are yoshon.

**Bubby's Bagels (Dairy location only)** - All products are yoshon.

**Dr. Laffa Bakery** - All products baked on site and packaged retail products are yoshon (except those containing oats and multigrain).

**Dr. Laffa (both locations)** - Pita and Laffa bread only are yoshon.

**Ester's Kosher Bakery** - Only products with a special "COR" Yoshon sticker.

**Grodzinski** (North & South locations) - All products made on site are yoshon except soups, wraps, multigrain and products containing bran and oats.

**Haymische Bakery** - All baked products are yoshon except those containing oats and bran. Cholent, soups, yerushalmi kugel and pasta are not yoshon.

**Hermes** - All products that are made on site are yoshon.

**Howie T's Burger Bar** - Buns and burgers only are yoshon.

**King David Pizza (frozen)** - All pizza products<sup>1</sup>.

**Kosher City (incl. Randi's & Isaac's)** - Only products with a special "COR" Yoshon sticker.

**My Zaidy's Bakery** - All products made on site are yoshon except soups, multigrain and products containing bran and oats.

**My Zaidy's Pizza** - Pizza is yoshon<sup>1</sup>.

**Pizza Cafe** – Pizza and falafel only are yoshon<sup>1</sup>.

**Richmond Kosher Bakery** - All products made on site are yoshon except multigrain and products containing bran and oats..

**Slice N Bites** - Pizza<sup>1</sup>, soups, salads, bourekas and danishes are yoshon.

**Sobeys Bakery** - Only products with a special "COR" Yoshon sticker.

**Sof Sof Grill** - Pita, Laffa bread and baguettes are yoshon

**Surreal Sweets** - Only products with a special "COR" Yoshon sticker.

**Surreal Food Co. Bakery** - Only products with a special "COR" Yoshon sticker.

**Thornhill Kosher Pizza** – Pizza is yoshon<sup>1</sup>.

**Tov Li Pizza** (both locations) - Regular & Spelt Pizzas,<sup>1</sup> Pitas, Cookies, Bourekas, Blintzes, Pasta, Soups, Croutons (incl. whole wheat), Gravy and Barley are Yoshon.

<sup>1</sup> Imitation pepperoni used in Pepperoni Pizza is not yoshon.

## Please Note:

This update includes all information in previous updates. Changes are indicated in *italics (changes in the electronic version are also in blue)*.

The above information applies to products manufactured in **Canada only**.

**The COR does not endorse any of its establishments for Yoshon except as detailed above.**