

YOSHON QUICK REFERENCE GUIDE 5782

Current as of December 9, 2021

Please check our website WEEKLY for updates as info is subject to change



INGREDIENTS OF CONCERN

- Any type of **Grain** (Wheat, Barley, Oats)
- **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED

 (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Aug 1, 2021)
- Soft **PACKAGED** baked goods – Aug 1, 2021
- **Noodles and Pasta** – Aug 13, 2021
- **Barley** – Aug 3, 2021
- **Oats** – July 23, 2021
 1. GENERAL MILLS Oats Cereals – Sept 15, 2021
 2. Other Oat Cereal Companies – Aug 5, 2021
- **Malt** – *yoshon* until Mar 15, 2022
- **Beer** – Dec 15, 2021

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2131), represent the Julian date (213 is the day and 1 is the year). If the listed code is 2131 (i.e. Aug 1, 2021) then the code on the package can be 213 or lower.

BAKED PRODUCTS

1. **BETTY CROCKER** Mixes – Aug 7, 2022
2. **BLOOM'S** Cookies – always *yoshon*
3. **DUNCAN HINES** Mixes
 - Brownies, Cookies, Muffins – Feb 1, 2023
 - All other mixes – Aug 1, 2022
4. **JOY** Ice Cream Cones – Jan 1, 2023
5. **KEMACH** Cookies and Crackers
 - Grahams & Crackers – always *yoshon*
 - Cookies – with *yoshon* label only
 - Breadsticks – Sept 10, 2022
 - Flat breads – *yoshon* through Jan 2022
 - Ice Cream Cones – with *yoshon* label only
 - Other Kemach products – with *yoshon* label only
6. **Matza** (including **Matza Meal**) – always *yoshon*
7. **Pretzels (Hard)/Snacks**
 - **BLOOM'S** – (malt may be *chodosh*)
 - **GOLDEN FLUFF** – always *yoshon*
 - **HADDAR** – with *yoshon* label only
 - **HERR'S** – Oct 24, 2021
 - **KITOV** – August 1, 2022

- **LANDAU'S** – Aug 1, 2022, w/ oats – Jan 22, 2022
- **LIEBER'S** – always *yoshon*
- **NEW YORK PRETZEL** – Aug 1, 2022
- **PRINGLES** (some contain wheat) – code L1213
- **SNACK FACTORY** – August 1, 2022
- **UTZ Honey Wheat** – Nov 21, 2022
- **WISE**
 - .75 oz. & 1.75oz: Dec 19, 2021
 - 3.25 oz: Nov 14, 2021
 - 8.75 oz.: Oct 24, 2021
- 8. **Pretzels (Soft)** – Aug 1, 2021
- 9. **STELLA D'ORO**
 - Breakfast treats, toast and biscotti – Jan 27, 2022
 - Sponge Swiss Fudge Cookies – Nov 30, 2021
 - 100 Calorie Packs – Mar 28, 2022
- 10. **Waffles & Pancakes**
 - **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – Sep 15, 2022
 - Waffles – Dec 15, 2022
 - Frozen:
 - Pancakes – May 1, 2022
 - Waffles – Dec 15, 2022
 - **EGGO Waffles and Pancakes**:
 - With oats – Oct 22, 2021
 - Just wheat – Oct 28, 2022
 - **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Aug 1, 2022

BAKING SPRAY WITH FLOUR

 (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **MISHPACHA** – always *yoshon*
3. **PAM** – Aug 1, 2023
4. **GLICKS** – 21321 (these numbers are in the middle of the code)

BARLEY

1. **EDEN/B'GAN** – with *yoshon* label only
2. **GEFEN** – always *yoshon*
3. **GIANT/STOP & SHOP** – July 22, 2022
4. **JACK RABBIT** – July 22, 2022
5. **MISHPACHA** – always *yoshon*
6. **QUAKER** – Jan 14, 2022
7. **UNGER** – always *yoshon*

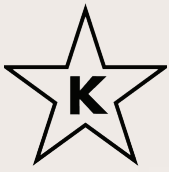
BEER

If it has no code, it may be purchased and assumed *yoshon* until Dec 15, 2021.

1. **BUD** – freshest before March 15, 2022
2. **HEINEKEN** – Nov 15 2022
3. **COORS** – 3 15 22
4. **MILLER** – 4 14 22
5. **SAM ADAMS** – exp. May 2022 or later *chodosh*
6. **CORONA** – BBD June 2022 (unless bearing OK symbol on bottle)

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always *yoshon*
2. **JASON** – 2133 or Aug 1, 2023
3. **KELLOGG'S** – Dec 15, 2023
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – always *yoshon*
6. **MISHPACHA** – always *yoshon*
7. **KIKKOMAN PANKO** – Jan 31, 2023
8. **B'GAN** – with *yoshon* label only



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CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Aug 10, 2022. For oats, use Sept 22, 2022).

1. **BARBARA**
 - Oats – July 23, 2022
 - Wheat – Aug 1, 2022
 - Original – May 23, 2022
2. **CASCADIAN FARMS**
 - Cinnamon Raisin Granola – Mar 23, 2022
 - Raisin Bran, Purely O's – Apr 23, 2022
 - Hearty Morning, Clifford Crunch, Honey Granola, Honey Nut O's – May 23, 2022
3. **CREAM OF WHEAT** – Aug 1, 2023
4. **GENERAL MILLS**
 - Oats – Sept 22, 2022
 - Wheat – always *yoshon*
 - Barley – Aug 10, 2022
5. **KASHI**
 - Oats – Jul 23, 2021
 - Wheat – Aug 1, 2022
 - Kashi Soft Cereal Bars – Apr 23, 2022
 - Kashi Pilaf – July 23, 2022
6. **KELLOGG'S**
(if made in Europe always *yoshon*)
 - Oats – July 23, 2022
 - Wheat – Aug 1, 2022
 - Barley – Aug 3, 2022
 - Malt – Dec 15, 2022
7. **KEMACH**
 - Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
 - All Other – Aug 1, 2022
8. **MALT-O-MEAL**
Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.
 - if contains only oats – Jul 23, 2021 packing date
 - if contains only wheat – always *yoshon*
 - if contains only barley – Aug 3, 2022 packing date
 - 9 mos from packing – Marshmallow Maties, Berry Colossal Crunch
 - 10 mos from packing – Blueberry Muffin Tops, Cinnamon Toasters, Honey Graham Squares, Coco Roos, Honey Nut Scooters
 - 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
 - 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar
 - 18 mos from packing – Quick Rolled Oats
 - 24 mos from packing – Hot Wheat Malt-O-Meal-Original
9. **NATURE VALLEY** – Jul 30, 2022 (except if produced in South America)
10. **POST**
 - Oats – Sept 15, 2022
 - Wheat – *yoshon*
 - Barley – Aug 3, 2022
 - Malt – Dec 15, 2022
11. **QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]
 - Chewy Granola Bars – Mar 19, 2022
 - Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Oatmeal Express – Jan 14, 2023
 - Life – Jul 17, 2022
 - Oats (rolled, instant oatmeal) – Jan 13, 2023

12. **SHOPRITE**Hot Cereal:

- Oat Cereal & Oatmeal – info not available
- Wheat – info not available

Cold Cereal: info not available13. **Stop & Shop/Giant**

- Cereal
 - With oats – July 23, 2022
 - With wheat – Aug 1, 2022
- Oatmeal – July 23, 2022

14. **WALMART**

- Quick Oats – Jan 18, 2023
- Bran Flakes – Aug 1, 2022

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **KEMACH** – with *yoshon* label only
3. **STREIT'S** – always *yoshon* unless labeled *chodosh*
4. **LIEBER'S** – currently *yoshon*
5. **MISHPACHA** – not *yoshon*
6. **LA CHOY** – info not available

COUSCOUS

1. **HODGSON MILLS** – July 26, 2022
2. **NEAR EAST** – Aug 3, 2022 | with barley only – Aug 9, 2021

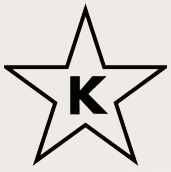
EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – ##0121HX (# is an irrelevant number, H is 8th letter of alphabet and corresponds to Aug)
2. **GOLDEN BOWL**
 - Won Ton Wraps – code 012108
 - Spring Roll Wrappers – Aug 1, 2022
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – Sept 9, 2021
5. **WON TON FOOD CO.** – code 80121 (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – Aug 1, 2022
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL** – KC 2-9-23
 - **HECKERS** – always *yoshon* (if contains malt – Jun 15, 2023)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags Aug 1, 2022 50lb bags Aug 1, 2021
 - **MISHPACHA** – always *yoshon*
 - **PILLSBURY** – Feb 1, 2023
 - **SHOPRITE** – Aug 1, 2022
 - **TARGET/MARKET PANTRY Flour** – Aug 1, 2022
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL** – Feb 1, 2022
 - **HECKERS** – Aug 1, 2021
 - **KEMACH** – always *yoshon*
 - **KING ARTHUR** – Aug 30, 2022, 50 lb bags – Aug 30, 2021
 - **MISHPACHA** – always *yoshon*
 - **PILLSBURY** – Aug 1, 2022
 - **TARGET/MARKET PANTRY** – whole wheat flour and bleached flour has a *chodosh* code of Aug 1, 2022.

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3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** – KC 2-9-23
- **KEMACH** – always *yoshon*
- **KING ARTHUR** – Aug 30, 2022
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 1, 2022
- **TRADER JOE'S** – Aug 1, 2022
- **HECKERS** – always *yoshon*

FROZEN/MISC.

1. **ALLE/MEAL MART Frozen Products** – always *yoshon*
2. **APOLLO Fillo Dough** – Aug 1, 2022 or 2132
3. **AUNT JEMIMA**
 - Pancakes – May 1, 2022
 - Waffles – Aug 1, 2023
4. **DR. PRAEGER'S**
 - Oats – July 23, 2023
 - Wheat – Aug 1, 2023
5. **FRENCH'S French Fried Onions:** Aug 1, 2023
6. **GOLDEN**
 - Blintzes – code Aug 1, 2023
 - Potato pancakes – always *yoshon* (except spinach & broccoli)
7. **MCCAIN Fries** (that contain flour, e.g. spicy fries): Aug 1, 2022
8. **SHINDLER'S Products** – always *yoshon*
9. **TOFUTTI Cuties** – Code 2131
10. **TRADER JOE'S Potato Pancakes** – TBD
11. **UNGAR'S Fish** – AU2101

KISHKE

1. **A&B** – with *yoshon* label only
2. **BENZ'S** – always *yoshon*
3. **MEAL MART** – always *yoshon*
4. **UNGER'S** – always *yoshon*

LICORICE/CANDY

1. **DARRELL LEA** – Sept 4, 2022
2. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – 2131
4. **JOLLY RANCHERS** – always *yoshon*

NOODLES/PASTA

1. **BARILLA**
 - ProteinPLUS Pasta – July 23, 2022
 - Whole Grain – Feb 13, 2023
 - Lasagna – Apr 13, 2023
 - Other pastas and orzo – Apr 13, 2024
2. **CALIFORNIA DELIGHT** – always *yoshon*
3. **EDEN** – with *yoshon* label
4. **GEFEN** – with *yoshon* label only
5. **GIANT/STOP & SHOP** – Aug 13, 2024
6. **GOODMAN'S**
 - Pasta – Aug 13, 2024
 - Egg noodles – Aug 13, 2024
7. **KEMACH**
 - Egg noodles – *yoshon* until Dec 31, 2021
 - Other pasta products – always *yoshon*
8. **MANISCHEWITZ** – Aug 13, 2023 or 2252
9. **MISHPACHA** – always *yoshon* (except chow mein)
10. **MOTHER'S** – code 2253

11. MUELLER & SAN GIORGIO

- Egg noodles – Aug 13, 2023
 - Pasta – Aug 13, 2024
12. **RALPH'S** – Aug 13, 2024
 13. **SHOPRITE Pasta:** 08 13, 23
 14. **STREIT'S** – always *yoshon* (except chow mein)
 15. **SYSKO** – code 13081
 16. **WALMART** – info not available. (Call company with code on package. If produced before Aug 13, 2022 it is *yoshon*.)

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO Fillo Dough** – Aug 1, 2022
2. **GEFEN Pie Crusts** – Aug 1, 2022
3. **GLICKS Graham Cracker Pie Crusts** – Aug 1, 2022
4. **KEEBLER Pie Crusts** – Aug 1, 2022
5. **KEMACH**
 - Chocolate Pie Crust – always *yoshon*
 - Graham Pie Crust – 4-28-22
6. **MECHEL'S** – All *yoshon*
7. **MISHPACHA Pie Crust** – always *yoshon*
8. **MOTHER'S Graham Cracker Pie Crust** – code 2213
9. **PEPPERIDGE FARM** – info not available. (Call company with code on package. If produced before Aug 1, 2021 it is *yoshon*.)
10. **UNGAR'S Pastry Dough** – always *yoshon*

SOUP/SOUP MIXES

1. **KEDEM** – 1211
2. **KEMACH**
 - Onion, split pea – always *yoshon*
 - Vegetable – always *yoshon*
 - Minestrone – always *yoshon*
3. **LIEBER'S** – always *yoshon*
4. **MANISCHEWITZ**
 - Barley – Aug 3, 2021 or 2221
 - Noodle/Pasta – Aug 13, 2021 or 2252
5. **MISHPACHA Matzo Ball Mix** – always *yoshon*
6. **OSEM** – all Israeli products are *yoshon*
7. **SHOPRITE**
 - Soup mixes – Jan 20, 2023
 - Canned (except tomato) – Aug 1, 2023
 - Canned Tomato Soup – Jan 30, 2023
8. **STREIT'S** – always *yoshon*
9. **TRADITION** – always *yoshon*

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2021)
HEINZ
 - Malt vinegar Jun 15, 2024
 - Tarragon and Salad Dec 15, 2024