



Vol. 3, Issue 8

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## GENERAL YOSHON NEWS

Chodesh Tov!

### General Yoshon News from TYNI

Surprisingly, we didn't have as much of a mass exodus from the Whatsapp groups this year. Things are pretty stable with near-capacity on Group 1, and a full Group 2. There are still a few questions that came in just after *Pesach*, but it has been fairly quiet, with the exception of my post on the next tricky topic below.

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### This Year's News on Ezekiel 4:9 Sprouted Grain Bread

As a reminder to those who hold the strict view (such as TYNI and Project Chodosh), Food for Life's Ezekiel 4:9 Sprouted Grain Bread should be stocked up on now, and stored. It is already double-wrapped for freshness, and the shelf life in the freezer is 1 year. There is a short window of time in which it can be purchased soon after *Pesach*.

Sprouted Grain products like Ezekiel Bread, have very differing opinions as to its *yoshon/chodosh* status.

*The strictest view* holds that most of the time, sprouted grain products may be *chodosh*. Since the whole *mitzvah* of *yashan* is centered around the sprouting/taking root (or developing one), according to the strict opinion, sprouted grain products are *chodosh* if this action occurred after the 16th of Nissan. This view goes strictly by the day of sprouting/taking root.

*The middle view* (and vast majority) holds that it goes by the regular *chodosh* cutoff dates for the specific grain, regardless of their having sprouted.

*The most lenient opinions* hold that if the grain itself was already *yoshon*, it is still *yoshon*, and/or that since wheat grown hydroponically without ever touching soil disqualifies it, so it is considered "yoshon" by default.

While we prefer to publish the strictest opinion possible as a safeguard so that all people can use our website Yoshon.com regardless of *minhag*, everyone should ask their own Rav on any products made from sprouted grain and grain grasses.

For those who are strict, the good news is that right now the frozen version of Ezekiel 4:9 Bread should be *yoshon* with a date code of anything before "V0871". The relevant Date Code consists of the first 5 characters of the code, found on the Quik Lok tab that holds the bag shut.

To break down the lot code, (V0871), V= year 2021, 087=day of March 29, and the 1 can be ignored. (Just to note this year, the Lot Date Calculator on Food for Life's FAQ page seems to still be set for a leap year, and is 1 day off from the actual Julian date of 088, which would normally be March 29th.)

Their Lot Date Calculator can be accessed by the following link:

[https://www.foodforlife.com/about\\_us/faq](https://www.foodforlife.com/about_us/faq)

The calculator is toward the bottom, and it has good instructions. If you type in V0881 and click on "Calculate", it says March 29, 2020. Any date before that should be fine.

This does *not* apply to the fresh or refrigerated products which have a very short shelf life, and may be *chodosh* already. These products will have a best by date instead of a manufacturing date lot code.

If you happen to find any with a lot code starting with “U” (from 2020), it will be *yoshon*. Happy hunting!

### RECENT YOSHON UPDATES

Nothing to report this month.

### YOSHON PRODUCT OR ESTABLISHMENT ALERTS

Nothing to report this month.

### RECALLS AND ISSUES AFFECTING YOSHON OR POTENTIALLY YOSHON PRODUCTS

Nothing to report this month.

### OFFERS, PROMOS, AND DISCOUNT COUPONS

**Coupons for Kellogg’s Cereals:** Lots of coupons on various cereals. A few of them may not be kosher, but most of them are:

<https://coupons.kelloggsfamilyrewards.com/>

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**Coupons on Kikkoman Soy Sauce:** A nice 55 cent coupon for the USA and Canada:

<https://kikkomanusa.com/homecooks/offers/coupons.php>

Kol Tuv,

The TYNI Staff

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