



Vol. 2, Issue 8

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## GENERAL YOSHON NEWS

Chodesh Tov!

### Post-Season Recap

Although most everything is *yoshon* now, we will still feature our monthly newsletter, and any breaking news in the *yoshon* world will be posted in our News Alerts as well.

To recap the past season, there has been the growth of this Newsletter, the birth of the two What'sApp Groups, our new "[Yoshon Videos](#)" page, and best of all a very large number of new people wanting to take on the *Mitzvah* of *Yoshon*! Perhaps the most encouraging news over this season is a trend of more *kashrut* agencies to be accepting of *yoshon*-keepers and their questions, and even more are doing *yoshon*-certification and *hashgacha* on mainstream brands and their products. BE"H, this trend will keep growing!



### News on Ezekiel 4:9 Sprouted Grain Bread

Food for Life's Ezekiel 4:9 Sprouted Grain Bread has always had differing opinions as to whether it is "always *chodosh*" or not. Since the whole *mitzvah* of *yashan* is centered around the sprouting/taking root (or developing one), according to many opinions, sprouted grain products are *chodosh* if this action occurred after the 16th of Nissan. There are a wide variety of opinions on it, such as it not being applicable due to the grain being sprouted hydroponically instead of taking root in the ground. Still others hold that if the grain itself was already *yoshon*, it is not a problem, but then how would one even know?

While we prefer to publish the strictest opinion possible in order to be safe for all people, everyone should still ask their own *Rav* on any products made from sprouted grain and grain grasses.

The good news is that right now the frozen version of Ezekiel 4:9 Bread should be *yoshon* with a date code (found on the Quik Lok tab) of anything before "U1010". To break down the lot code format, (U1010), U=2020, 101=April 10, and the second 0 can be ignored.

This does *not* apply to the fresh or refrigerated products which have a very short shelf life, and most are probably *chodosh* already. These products will have a best by date instead of a manufacturing date lot code.

Food for Life has a lot date calculator on their website for figuring out the production date, which consists of the first 5 characters of the code. Here is the link:

[https://www.foodforlife.com/about\\_us/faq](https://www.foodforlife.com/about_us/faq)

The calculator is toward the bottom, and it has good instructions. If you type in U1010 and click on "Calculate", it says April 10, 2020. Any date before that should be fine.

If you happen to find any with a lot code starting with "T" (from 2019), it will be *yoshon*. Happy hunting!

## RECENT YOSHON UPDATES

There is nothing to report this month.

## YOSHON PRODUCT OR ESTABLISHMENT ALERTS

There is nothing to report this month.

## RECALLS AND ISSUES AFFECTING YOSHON OR POTENTIALLY YOSHON PRODUCTS

There is nothing to report this month.

## OFFERS, PROMOS, AND DISCOUNT COUPONS

**Coupons for Kellogg's Cereals:** This link offers a whole page of printable coupons. (Just ignore the non-kosher items on the site!)

<https://coupons.kelloggsfamilyrewards.com/>



**Coupons for Kikkoman Sauces:** The link is below:

<https://kikkomanusa.com/homecooks/offers/coupons.php>



**Coupons for Nature Valley Granola Bars, and Non-Food Products:** This link offers a whole page of printable coupons. Stock up now!

<https://www.bettycrocker.com/coupons/printable>

Kol Tuv,

The TYNI Staff

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