

# Yoshon Update #3

Date: February 8, 2017



The Yoshon cutoff dates for the following products are as follows:

## Robin Hood and Five Roses Flours

Year	Date Code <sup>1</sup>	Plant Code	Comments
6	267	547	
6	263	548	All Purpose Flour only
6	263	548	Cake and Pastry Flour only
6	277	715	
6	264	640	

<sup>1</sup>These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

**Flour - (COR 142)** - code of 6 256 7 or lower.

**Flour - (COR 285) including No Name & Great Value** - Regular- Best Before code of 2017 SE 30 or earlier. Whole Wheat - BB code of 2017 MR 30 or earlier. **Organic** – Best Before code of 2017 OC 19 or earlier. Whole Wheat - BB code of 2017 AP19 or earlier.

**Any flour with a 'PH' in the code incl. Great Plains, Compliment and other brand names** – If the number after PH in the code is '7' a BB date of 2017 SE 11 or earlier. If the number it's '2' a BB date of 2017 SE 22 or earlier. Alternative coding; 6 256 7 or lower, 6 266 2 or lower.

**Bakers Hood, Sunspun (COR323)** - If the plant code is 'MT' a date code of 6 267 or lower. If the plant code is 'SK' - a date code of 6 263 or lower.

**Robin Hood - Old Mill Oats** - code of 6 277 or lower.

## Quaker Oats (COR 112)

All products containing oats and/or oat bran - date code of 0828P6 or earlier. Costco Pack – last four digits of the Best Before coding of 6241 or lower (ignore the other codes, i.e. 2016 SE 28 4BI09H **6241**). Wheat Bran and A.J. Pancake Mix - date code of 0921P6 or earlier. Muffets Shredded Wheat is always yoshon.

## General Mills

Cheerios (all types that contain oats - Best Before 07OCT 2017). Nature Valley Granola bars - Best Before date of 22 SEP 2017 (in variety packs you have to check the date on each bar, not the date printed on the exterior box). Fibre 1 cereal is always yoshon.

## Weetabix

Weetabix (regular and organic) - *will remain yoshon*.  
Alpen - Best Before code of 2017 SEP 28 or earlier.  
Grain Shop High Fibre Crisp - Best Before code of 2017 SEP 28 or earlier.

## Barbara's Bakery (COR123)

*Morning Oat Crunch Original, Puffins Original and Puffins Cinnamon - Best Before 2017 DEC 13 or earlier.*

**Post Cereals (COR 114)** - Shredded Wheat, Spoon Size Shredded Wheat - Regular, Honey Toasted, Cinnamon and Wheat 'n Bran, Light Wheat Squares are always yoshon.  
Shreddies - Regular, Honey, and Maple, Dark Wheat Squares and 100% Bran - *will remain yoshon*.

## Kellogg Canada (COR 246)

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes, Rice Krispies and Special K - products are still yoshon.

Corn Pops – are yoshon (oat flour is not a yoshon concern)

Froot Loops - Best Before code of 2017 SE 27 or earlier.

## Presidents Choice (COR 123 or 1)

Fruity O's - *Best Before 2017 DEC 13 or earlier*.  
Toasted Oats O's, Honey Nut Oats O's - Best Before 2017 NOV 17 or earlier.  
Crunchy Maple Almond, Mixed Berry or Cranberry Almond – Best Before code of 2017 SEP 28 or earlier.  
Loads of Raisins Raisin Bran, Woven Wheat Squares, Corn Flakes and Frosted Flakes - *will remain yoshon*.

## PC Blue Menu

Multigrain O's – Best Before code of 2017 DEC 8 or earlier.  
Fibre First, Bran Flakes and Fibre Plus Bran Flakes - *will remain yoshon*.  
Crunchy Whole Grain with Almond – BB code of 2017 NOV 17 or earlier.  
**PC Organics**- Wheat Squares and Raisin Bran - *will remain yoshon*.

## Compliments (COR 313)

Balance Multigrain Flakes with Almonds or Triple Berry - Best Before code of 2017 DEC 8 or earlier  
Balance Wheat Squares, Bran Flakes & Very High Fibre Bran - *will remain yoshon*.

**Barley** – chodosh is in the stores.

**Kolbo** - has yoshon barley and flour.

**Kosher City** - flour and barley repacked by Kosher City is currently yoshon.

**Savours** - has yoshon barley and flour.

**PC Blue Menu Barley- Pot Barley** BB 2018 SEP 1, **Pearl Barley** BB 2018 SEP 7.

**Quik Kook Barley - *Pot Barley code of 7519 or lower, Pearl Barley code of 6795 or lower.***

**NuPak Barley – *Pot Barley - BB code of 2018 SEP 11 or earlier, Pearl Barley - BB code of 2018 SEP 25 or earlier.***

### **Pasta**

**Primo, COR 78** - code of RO 6413E or lower or BB/MA Oct 12, 2019 or earlier.

**Italpasta** - BB/MA Oct 13, 2018 or earlier.

**All other pasta with a COR 136** –same as Italpasta.

**Unico** - same coding as for Primo.

PC/No Name Pasta (COR 1) - use same codes as Italpasta.

**Ronzoni (Catelli & Lancia) (COR 235)** - Regular (white) pasta - BB code of OCT 1 19. Smart, Whole Wheat, Egg, and Vegetable pasta- code of OCT 1 18.

**Grisspasta** - code of 292A6 or lower.

**Ferenez (Mama)‘MK’** - products will remain yoshon.

**Pita Bros and Holyland Pita** - will remain Yoshon.

**Wraps (COR 722)** - If there is an ‘S’ following the code, a code of 6265 or lower.

If there is a ‘W’, a code of 6267 or lower.

**Lenchner’s** - will remain Yoshon.

**Uri Pastries** - will remain Yoshon.

**Maison Puff Pastry (COR 571)** - will remain Yoshon

**Local Establishments** - This information is only applicable for products manufactured by the said establishments, on site.

***The COR has placed a Yoshon Certificate in each of these establishments detailing all products. Please refer to it in case of any doubts.***

***Some of the establishments detailed below produce both Yoshon and non-Yoshon products. Kaylim may not be dedicated exclusively for Yoshon products.***

**Aish Tanoor** - Pita and Laffa are Yoshon.

**Amazing Donuts** - All baked goods are yoshon.

**Aroma Espresso Bar** - Only products that are marked “Yoshon”.

**Bali Laffa (North & South)** - Pita and Laffa are yoshon.

**Brooklyn Toto Burger** - Buns and Burgers are Yoshon.

**Bubby's Bagels** - All products baked on site are Yoshon.

**Dr. Laffa (North & South)** -Pita and Laffa are yoshon.

**Grodzinski** (both locations) - All products manufactured on site are yoshon excluding wraps and those containing oats.

**Hermes** - All products that are manufactured on site are yoshon.

**Howie T’s Burger Bar** (North location) - Buns and burgers are yoshon.

**Hummus Factory s** - Pita is yoshon.

**Isaac’s** - All products that are manufactured on site are yoshon.

**King David Pizza** (all locations) - Pizza, Falafel & Bourekas are yoshon.

**Kosher City Plus** - All products baked in the Kosher City Bakery are yoshon except bagels and fruit stick rugelach.

**My Zaidy’s Bakery** - All products that are manufactured on site are yoshon excluding organic bread, soups & pretzel bagels.

**My Zaidy’s Pizza** - Pizza is yoshon (except imitation pepperoni).

**Pizza Cafe** - Pizza (except imitation pepperoni), Falafel & Bourekas are yoshon.

**Richmond Kosher Baker** - All products that are manufactured on site are yoshon.

**Slice n Bites** - Pizza, Falafel, Pasta, Baguettes, Baked Goods, French Fries, Croutons and Tempura are Yoshon

**Sobey’s Bakery**- only products that are marked “Yoshon”.

**Savours** - carries baked products from other establishments that are yoshon.

**Tov Li Pizza** (both locations) - Pizza (reg. & spelt) & Falafel. See instore signage for the list of additional yoshon items.

**Yehudaleh’s Pizza** - Pizza (except imitation pepperoni) & Falafel are yoshon.

### **Please Note:**

This update includes all information in previous updates. Changes are indicated in *italics (electronic version in blue).*

The above information applies to products manufactured in **Canada only.**

**The COR does not endorse any of its establishments for Yoshon except as detailed above.**